

ABOUT TIJANIYYA LITANIES' CONTENT

The three essential orisons (adhkar) of the Tijaniyya are: The Lazim, the Wadhifa and the Haylala of the Friday -- for more details see the [Tijaniyya Fiqh web page](#)

These three mandatory litanies for the affiliated person correspond to the three levels of the religion that were taught by the prophetic tradition:

- LAZIM / "ISLAM" / SHARIA
- WADHIFA / "IMAN" / TARIQA
- HEILALA / "IHSAN" / HAQIQA

Each of these prayers has its particularities, but they all based on expressions which come from the Quran and the Sunnah. Reciting them is an inexhaustible source of blessings as the Kawthar (fountain of The Prophet, peace be upon him) and neglecting or abandoning them is an opened door to misfortunes.

The three expressions are:

1 – Asking ALLAH for forgiveness with repentance (Istighfar):

ALLAH (The Glorified and the Exalted) said:

“Those who say: "Our Lord! We have indeed believed, so forgive us our sins, and save us from the punishment of the Fire. (They are) those who are patient ones, those who are true (in Faith, words and deeds), and obedient with sincere devotion in worship to ALLAH. Those who spend [give the Zakat and alms in the Way of ALLAH] and those who pray and beg ALLAH's Pardon in the last hours of the night.” Surah Family of Imran, verses 16 & 17

“We sent no Messenger, but to be obeyed by ALLAH's Leave. If they (hypocrites), when they had been unjust to themselves, had come to you (Muhammad SAW) and begged ALLAH's Forgiveness, and the Messenger had begged forgiveness for them: indeed, they would have found ALLAH All-Forgiving (One Who accepts repentance), Most Merciful.” Surah The Women, verse 64

“And whoever does evil or wrongs himself but afterwards seeks ALLAH's Forgiveness, he will find ALLAH Oft-Forgiving, Most Merciful.” Surah The Women, verse 110

“And ALLAH would not punish them while you (Muhammad SAW) are amongst them, nor will He punish them while they seek (ALLAH's) Forgiveness.” Surah The Spoils of War, verse 33

“I said (to them): 'Ask forgiveness from your Lord; Verily, He is Oft-Forgiving; 'He will send rain to you in abundance; 'And give you increase in wealth and children, and bestow on you gardens and bestow on you rivers.’” Surah Nuh, verses 10 to 12

“And those who, when they have committed Fahishah (illegal sexual intercourse etc.) or wronged themselves with evil, remember ALLAH and ask forgiveness for their sins; - and none can forgive sins but ALLAH - And do not persist in what (wrong) they have done, while they know.” Surah Family of Imran, verse 135).

- The Prophet (peace and blessings be upon him) said: « O people! seek repentance from ALLAH. Verily, I seek repentance from Him a hundred times a day » (Muslim)

- The Prophet (peace and blessings be upon him) said: “There is no servant that asks ALLAH’s forgiveness seventy times a day without being forgiven seven hundred sins. Woe to the servant who commits more than seven hundred sins in a single day.” (Baihaqi and ibn Abi Dunya)

- Anas Ibn Malik (May God be satisfied with him) reported that The Prophet (peace and blessings be upon him) said: “ALLAH the Exalted said: “O son of Adam! As long as you invoke Me and plead to Me, I will forgive you whatever you have committed, and I will not make much of it. O son of Adam! If your evil deeds reach the borders of the sky, and then you ask Me for forgiveness, I will forgive you. O son of Adam! If you bring forth the earth full of errors, then you meet Me while you do not associate anything (or anyone) with Me, I will bring forth for you its full of forgiveness.” (Tirmidhi)

- Abou Sa'id el Khoudri (May God be satisfied with him) reported that The Prophet (peace and blessings be upon him) said: “ ‘By Your Glory O Lord, I will keep trying to misguide Your slaves so long as their souls are in their bodies.’ The Lord said, ‘By My Glory and Majesty, I will continue to forgive them so long as they ask My forgiveness.’” (Ahmed and El Hakim)

- In “Targhib el Taleb”, it is reported that The Prophet (peace and blessings be upon him) said: “Ask excessively forgiveness because it removes sins like fire eats wood and like the sheep eat grass. If the book of a person rose up to the sky and that it didn't contain asking forgiveness, then it would not have a single light. But if it rose up with asking forgiveness in it, there aren't any group that sit in an entertainment assembly and that close it with asking for forgiveness without being considered fully as an assembly of seeking forgiveness.”

- According to Ibn Chaïba in “Kanz”, it is reported that Abou Darda (May God be satisfied with him) said: “Blessed shall be the one who will find in his book little seeking forgiveness.”

- Abou Hourayra (May God be satisfied with him) said: “I haven't seen someone after The Prophet (peace and blessings be upon him) saying as much as him: I ask ALLAH for forgiveness and to Him I shall repent.” (Ibn Asakir and Abu Yala)

- Yahya ibn Muadh said: “The one whose goal is not ALLAH's forgiveness is a not a knower.”

- Ibn Wahaba said: “The one who has accumulated tremendous sins doesn't seek God's agreement but His forgiveness and yet the one who has a perfect knowledge is certainly in this state.”

2 – Sending Prayers (Salat ala Nabi) upon The Prophet (peace and blessings be upon him):

ALLAH (The Glorified and the Exalted) said:

“ALLAH sends His Salat (Graces, Honours, Blessings, Mercy, etc.) on the Prophet (Muhammad SAW) and also His angels too (ask ALLAH to bless and forgive him). O you who believe! Send your Salat on (ask ALLAH to bless) him (Muhammad SAW), and (you

should) greet (salute) him with the Islamic way of greeting (salutation i.e. AsSalamu 'Alaikum)” Surah The Coalition, verse 56.

- Ibn Masud (May God be satisfied with him) reported that the Messenger of ALLAH (peace and blessings be upon him) said: “People most worthy of my solicitude and my love, the Day of Judgement, will be the ones who sent me more blessings in this world.” (Tirmidhi)

- Abu Talha Al Ansari (May God be satisfied with him) reported that the Messenger of ALLAH (peace and blessings be upon him) said: “Someone sent by My Lord, The Almighty, The Magnificent, came to me and told me ‘Whoever from your community sends prayer on you once, ten good deeds are recorded on his behalf, ten sins are forgiven, and he is elevated by ten degrees. (Ahmed and Nissa-i)

- According to El Khatib in “Kanz”, it is reported that Abu Bakr Siddiq (May God be satisfied with him) said: “Sending prayers upon The Prophet (peace and blessings be upon him) erase sins more than water extinguishes fire. Saluting The Prophet (peace and blessings be upon him) is better than freeing slaves and the love of the Messenger of ALLAH (peace and blessings be upon him) is better than freeing souls or fighting in the way of ALLAH.”

- The imam Ali (May God be satisfied with him) said: “Whoever sends blessings upon The Prophet (peace and blessings be upon him) hundred times on Friday will come, on the Day of Judgment, with a light on his face so huge that people will ask: ‘what deed was he accomplishing?’” (Baihaqi)

3 – The Kalima “LA ILAHA ILLALLAH”: “There is no God but ALLAH”

ALLAH (The Glorified and the Exalted) said:

“Know, therefore, that there is no god but ALLAH [...]” Surah Muhammad, verse 19

“Truly, when it was said to them: La ilaha ill-ALLAH, they puffed themselves up with pride (i.e. denied it).” Surah “Those who set the ranks” (As-Saffat), verse 35

Abu Said al Khudri (May God be satisfied with him) reported that the Prophet (peace and be upon him) said: "When Musa asked ALLAH to teach him a prayer to recite whenever he remembered or called upon Him, ALLAH answered: "Say, O Musa, "There is no god but ALLAH" Musa said: "O Lord, all your servants say these words." ALLAH said: "O Musa, if the seven heavens and all they hold, and the seven earths as well, if all these were weighed against this word of "There is no god but ALLAH" the latter would outweigh the former." (Nissa-i, Ibn Hibban and El Hakim)

- Talha ibn Ubeydullah reported that The Prophet (peace and blessings be upon him) said: "The best word the prophets and I have said is "There is no God but ALLAH." (Malik)

- Qurtubi reported that The Prophet (peace and blessings be upon him) said: "The angel of death came to a man. He looked throughout all his members and didn't find any good deed. Then, he opened his heart and found nothing. After, he opened the mouth and found his tongue stuck to his palate saying: "There is no God but ALLAH". He said then: "Paradise is compulsorily your home because of these words of sincerity i.e. "There is no God but ALLAH."

- Sahl Tustari (May God be satisfied with him) said: "The word "There is no God but ALLAH" has no other reward than the contemplation of The Noble Countenance of ALLAH, whereas Paradise is the reward of good deeds."

